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OBAMA SWORN IN SUNDAY,
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Monday, January 21, 2013

News worth sharing.



OIL OUT OF THE GATE

Edmonton Oilers Ryan Smyth (9), Ales Hemsky and Sam Gagner (89) celebrate Hemsky's game-tying goal against the Vancouver Canucks during the third period of the Oilers' NHL season opener in Vancouver on Sunday. Story, page 20. DARRYL DYCK/THE CANADIAN PRESS

City, Katz get closer

Yes or no. Bettman visits Edmonton to sit in on arena negotiations between the city and Katz Group

RYAN TUMILTY
ryan.tumilty@metronews.ca

Edmonton city councillors may be presented with a new arena deal Wednesday.

Coun. Bryan Anderson confirmed NHL commissioner Gary Bettman was in town last Friday for talks between the city and Katz Group and things went well.

Anderson said there is still work to do, but a deal could be up for council consideration this week.

"Once the city manager gets an opportunity to go

through all of the pieces it will be up to council to decide if what has been agreed upon is acceptable to them," said Anderson.

Negotiations resumed between the two sides in December after council ended them because of new requests from the Katz Group.

Anderson didn't get into details, but said with this year's election clouding the issue, the Katz Group is interested in getting a deal done.

"I think they have softened significantly and there may be enough votes on council to take the agreement that's going to be tabled and say yes or no," he said.

Anderson said the coming election would make reaching a deal more complicated.

"It will be very difficult to sit down and negotiate in that kind of a climate."

Edmontonians set for Oprah

Former Queen of Daytime TV and media mogul to give inspiring talk, answer Q&A PAGE 4

Girls and their getups

Allison Williams and Jemima Kirke on what they like to wear PAGE 11

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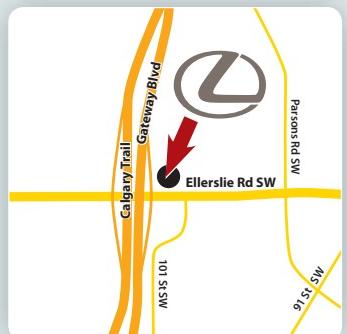
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Walterdale. Bids out for new bridge, community renewal program

The bids are out and Edmonton should soon know the full cost of replacing the Walterdale Bridge.

The new bridge and a contract for the city's neighbourhood renewal program were both recently put out for bids. While the exact budget is confidential to keep the tender process fair, the two projects combined could be worth more than \$200 million.

The Walterdale replacement includes re-aligning the road leading up to the bridge, building the new signature bridge, and the demolition and removal of the current Walterdale.

Allan Bartman, general supervisor for special projects with the city, said the city is optimistic there will be healthy interest.

"It is certainly a significant job, there is some local ideas that can handle it for sure and we also have some interest from some foreign firms and from other parts of Canada as well," he said.

Bartman said the city has already screened and prequalified potential bidders to make sure they can actually complete it.

Another phase of the neighbourhood renewal project, which sees the city do major work on several neighbourhoods each year, is also out to tender.

Adam Laughlin, the city's director of transportation services, said that contract is issued annually with the successful bidder doing work over a number of years.

"We have contracts that complete multiple neighbourhoods over multiple years just depending on the size." RYAN TUMILTY/METRO

Drivers cautioned. Winter weather strikes Alberta highways

Drivers were reminded to slow down and use extreme caution after winter weather overwhelmed several Alberta highways.

On Saturday, Lac La Biche RCMP issued a release stating travel was not recommended on Highway 881 from Lac La Biche to Fort McMurray and Highway 858.

Highway 36, 663, 55 East and 55 West were all reported

as fair with sections of black ice.

RCMP reminded drivers that snow and ice drastically reduce road conditions and speed limits are intended for when the road is in prime condition.

As of Sunday, Lac La Biche RCMP were reporting roads in fair conditions, but were still warning drivers to use caution and drive with care. METRO

North Glenora. Police investigate woman's suspicious death

Police are investigating after a woman was found dead Friday evening in Edmonton.

Officers were called to a scene near 135th Street and 109th Avenue at approximately 6:30 p.m. on Friday, said west division Staff Sgt. Barry Maron.

The woman's death was deemed suspicious and officers are now awaiting autopsy results on the cause of death.

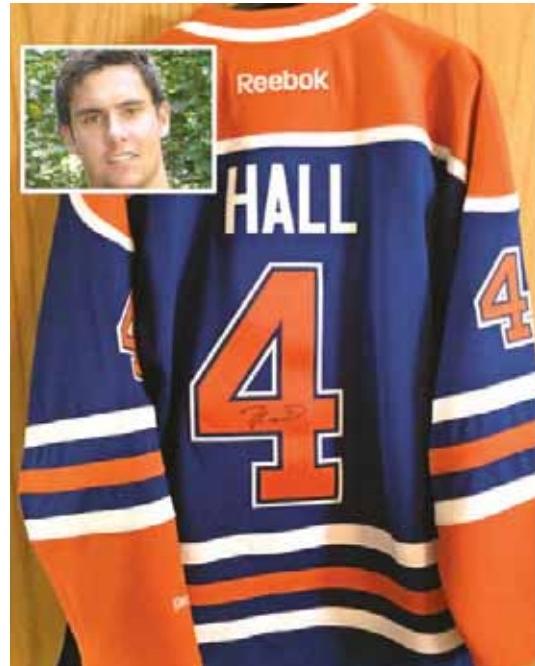
"The medical examiner is investigating," Maron said. "Depending on what they find out, it may turn into a homicide or it may just be a sudden death. We're not sure yet."

If the death is deemed a homicide it would be the city's second homicide in 2013.

On Jan. 9, Karl Rittwage was found dead in the Capital Towers apartments.

ANNALISE KLINGBEIL/METRO

Oilers honour recent Calgary murder victim



This Edmonton Oilers jersey, signed by Taylor Hall, was given to the family of Calgarian Brett Wiese, inset, after the 21-year-old was fatally stabbed during a house party earlier this month. Hall was Wiese's favourite player.

COURTESY BRENDA WIESE

Paying their respects.
University student was a fan of Edmonton hockey team



JEREMY NOLAIIS
Metro in Calgary

Brett Wiese went at the things he wanted in life with pure determination — much like his idol, Edmonton Oilers rising star Taylor Hall.

Sadly, the 21-year-old Calgary victim will be there in spirit alone when his beloved Oilers drops the puck on their home opener Tuesday night; however, the team has taken the time to ensure his memory is not forgotten.

After learning Wiese, a high-achieving University of Calgary student, had been fatally stabbed while trying to break up a house-party altercation on Jan. 12, the Oilers sent a jersey with Hall's autograph along with a card from team general manager Steve Tambellini expressing his condolences.

The gesture was overwhelming for Wiese's father Jody, who shared a love for the

Oil with his son and had purchased tickets for the two of them to attend Tuesday's affair against the San Jose Sharks.

"For them to take time to recognize our son, I was very proud of them and I'm proud of my son," Jody said Sunday, before adding he still plans to attend the game alongside Brett's oldest cousin, who will likely don the Hall jersey.

An Oilers team spokesperson confirmed efforts to honour Wiese Sunday, but no one was available for further comment.

Brett Wiese's funeral was held Friday in his hometown of Ponoka and his young sister Morgan wore the Hall jersey, said uncle Kip Wiese. All of the pallbearers also wore Oilers jerseys.

Now, the Wiese family attempts to move forward, but Jody admits Tuesday's game will be an emotional one.

"Brett would have wanted us to be there," he said. "We'll be up there cheering loudly and probably crying a little bit too."



Follow Jeremy Nolais on Twitter @Metro_Nolais

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Edmontonians, many of whom grew up watching The Oprah Winfrey Show, are thrilled for the opportunity to see the media mogul live in Edmonton Monday night. GEORGE BURNS, OWN/THE ASSOCIATED PRESS FILE

Edmonton excited for An Evening with Oprah

Tour talk. Inspirational stories and insights to be followed by Q&A with world-renowned talk-show host and media mogul



HEATHER MCINTYRE

heather.mcintyre@metronews.ca

Those heading to Oprah Winfrey's sold-out show at Rexall Place Monday night may very well be in for an Aha! moment.

Allison Hopkins, 32, is hoping for just that as she scratches an item off her bucket list.

"It is surreal," she said. "I imagine I will run through all the emotions, from laughing to crying."

That sort of inspiration is what Natasha Proulx, 29, is expecting from the woman whose show she grew up watching on TV with her

Dream come true

"It is surreal.... I imagine I will run through all the emotions, from laughing to crying."

Allison Hopkins, 32, in anticipation of An Evening with Oprah Winfrey.

mother.

"As I got older I watched it myself, and I liked her newest series, Lifeclass," she said. "Most of those shows focus on an area of our lives that we can improve; I'm hoping for advice on something like that."

While many are excited to have tickets, there are numerous contest winners throughout the city who will get to meet Winfrey, as well.

Kym Simon, a 34-year-old singer from Devon, is one of those lucky people, thanks to up! 99.3 FM.

"I think she is going to be very calm, and that calmness will make me not so nervous!" laughed Simon. "I im-

Former guest

Oprah 'takes your breath away'

Edmonton's Carla Clark, who was once a guest on The Oprah Winfrey Show, says those with tickets for Monday are in for a treat.

She thinks it's great the talk-show host and media mogul is coming to Edmonton, and anticipates those in attendance will feel a mix of emotions.

"I started crying, and I was never that type," she said. "When she walks into a room ... it takes your breath away."

Harpo officials had seen

another network's show on Clark and her then-husband's work as foster parents, and Clark's relationships with the babies' biological mothers. They were guests on Unlikely Friendships, which aired in 2002.



Edmonton's Carla Clark on The Oprah Winfrey Show. METRO

agine she is very personable, down to earth."

Monique Langridge, a St. Albert woman who attended a show in Chicago in April

2011, said that's what the entire experience will feel like.

"(She) will speak to you as if she were in your own relaxed living room."

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Restrictions

Requests for Royal Prerogative of Mercy on the rise

New restrictions on the granting of criminal-record suspensions, or pardons, are causing more former convicts to seek clemency under the rarely used Royal Prerogative of Mercy, the Parole Board of Canada say.

In fact, the federal agency has posted an "Important Notice" on its website to discourage clemency applications, which it notes are "only granted in exceptional circumstances."

There are 79 active clemency applications in the pipeline, a spokeswoman said.

That's up from 58 in the system last March, when the board's 2011-12 annual report noted it more typically handles about 20 applications a year.

Changes to federal pardon rules enacted by the Conservative government have had a ripple effect through the system.

THE CANADIAN PRESS



Liberals keep debate civil

Federal race. Need to rebuild the party tempers infighting

The gloves remained on at the Liberal leadership debate Sunday as the nine candidates took jabs at Prime Minister Stephen Harper — and occasionally the NDP — instead of each other.

With so many vying for the top spot, no candidate stood

out as the favourite as they politely debated electoral reform, aboriginal issues, housing and the environment in front of more than 900 supporters at a Vancouver hotel.

Perceived frontrunner MP Justin Trudeau even escaped direct attack, save for Vancouver MP Joyce Murray questioning how he planned to beat Harper without co-operation from the NDP.

Murray, the only West Coast candidate, was the sole

contender to support running either a Liberal or NDP candidate in ridings where they could split the vote such as Calgary Centre.

"Canada is too important to let Stephen Harper win the election in 2015," she said.

Trudeau spoke of the challenges faced by the Liberal party and his plan to engage a "new generation" in politics.

There are four more debates before a leader is chosen on April 14. EMILY JACKSON/METRO

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First Nations sacred masks sold for cash

Port Alberni, B.C.

Sale prompts calls for laws affecting cultural property to be changed

The recent sale of two cedar masks considered culturally sacred to a Vancouver Island First Nations family has prompted a university instructor to ask the provincial government to change the law affecting cultural property.

Members of Port Alberni, B.C.'s Hamilton and Sayers families say they plan to strip the family member who sold the "hinkets" of her royal title and responsibilities at an upcoming ceremony.

"We just have to take care of business," said Judith Sayers, a former elected chief for the Hupacasath First Nation who lectures in law and business at the University of Victoria.

Sayers said she recently told a working group of First

Century-old

The masks were more than 100 years old, depicted male and female serpents, and had been passed down along the maternal lines of the family for safekeeping.

- Sale. They were auctioned off in November to an unknown buyer for \$4,000 and \$22,500.

Nations leaders and provincial government representatives that B.C.'s Heritage Conservation Act doesn't address the sale of similar items.

Sayers has said the masks were "cultural property." The individual who sold them inherited them in a will governed by provincial law that recognized individual ownership.

As a result, said Sayers, a legal clash has developed over collective and individual rights.

THE CANADIAN PRESS

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Veterans centre calls for review of its care

In an effort to deal with a series of complaints about its quality of care, the country's largest veterans facility has called in an outside expert.

The review of Toronto's Sunnybrook Veteran's Centre this week comes in addition to an official audit by the federal government already underway.

The new audit will focus on those beds funded by Ontario's

Ministry of Health but has disavowed any responsibility for oversight of the centre.

Complaints include delayed feeding, rough handling, residents left languishing in hallways or beds, unsanitary conditions and unexplained injuries. Relatives said Sunnybrook was dismissive of, or hostile to, their efforts to raise concerns.

THE CANADIAN PRESS



Dorothy Burnell with her husband at Sunnybrook's Veterans Centre.

COLIN PERKIN/THE CANADIAN PRESS

Canadian in Mexico

Judge to rule on Gadhafi son smuggling case

The family of a Canadian accused of trying to smuggle the son of late Libyan dictator Moammar Gadhafi into Mexico says her case is approaching a crucial point.

Cynthia Vanier is waiting to make her closing statement to a judge, who could choose to drop the charges. THE CANADIAN PRESS

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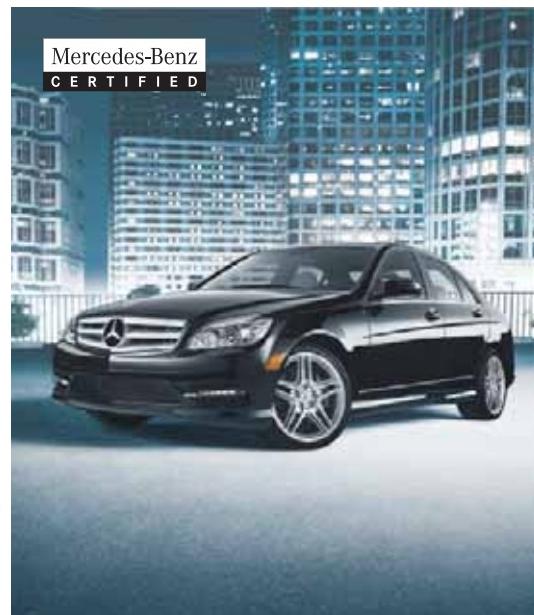
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Celebs flash some cheek for views on Keek

Social media. Canadian video microblogging service attracts bevy of Kardashians — not to mention JWOWW's butt

By the numbers

15M

Keek says it has grown to have 15 million monthly unique users, totalling 75 million monthly visits. Four million user-generated videos are posted every month.

A Canadian social-media startup company is hoping to become the Twitter of video.

With Toronto-based Keek, users can watch and send short video clips of up to 36 seconds and label them with descriptions of up to 111 characters.

"The original idea was to use video ... as a form of communications with your social network, kind of like a social microblogging video platform," says CEO Isaac Raichyk. "It's just long enough for somebody to tell a story but short enough for people who watch and digest a lot of videos."

The service has caught the attention of some high-profile celebrities including Kim Kardashian, her sisters Khloe and Kourtney, and her half-sisters Kendall and Kylie Jenner.

They all are among the most viewed and followed users on Keek, which means "a peek or glance," according to Oxford.

Other active users include rappers 2 Chainz and Soulja Boy, Jersey Shore star Jenni "JWoww" Farley and Pretty Little Liars stars Ashley Benson and Canadian Shay Mitchell.

JWoww racked up nearly 400,000 views each for two different videos responding to a recent bit of bad publicity. While co-hosting MTV's New Year's show, photographers snapped a few unflattering shots of her short dress riding up, which were quickly posted to gossip sites online.

She posted her response to Keek, in which she appears in her underwear and high heels.

THE CANADIAN PRESS



Quick! To the \$4.2-million Batmobile!

Just how valuable is the Caped Crusader's ride? The original Batmobile from the 1960s television series Batman, shown in Los Angeles in this October 2012 photo, sold at auction Saturday for \$4.2 million US to an undisclosed bidder. The car's owner, famed auto customizer George Barris, transformed a one-of-a-kind 1955 Lincoln Futura concept car into the sleek crime-fighting machine that was used in the series that starred Adam West. On the show, the 19-foot-long, bubble-topped car boasted lasers and a Batphone and could lay down smoke screens and oil slicks.

COURTESY BARRETT-JACKSON/GEORGE BARRIS/THE ASSOCIATED PRESS FILE

Canada's not ready to handle used CFLs, report finds

Canada's mercury-waste facilities are either patchwork or non-existent as millions of light bulbs containing the highly toxic chemical are set to flood the marketplace.

That's a key finding of a report commissioned by Environment Canada in the run-up to a major change in the way Canadians light their homes.

Beginning next January, a new regulation will effectively ban the sale of standard incandescent bulbs in favour of energy-efficient versions, most of which contain mercury.

So-called compact fluorescent lamps, or CFLs, will also

Bulb ban

- As of Jan. 1 next year, 75- and 100-watt incandescent bulbs will be effectively eliminated from store shelves, with 40- and 60-watt versions to follow Dec. 31.

ical thermometer can contaminate five Olympic-size swimming pools to toxic levels.

Ironically, the ban on incandescents is partly designed to reduce mercury in the environment because old-style light bulbs are inefficient, and require more electricity from the burning of coal and other fossil fuels that can emit mercury into the air.

"Currently municipalities do not store mercury — most of it ends up in landfill," says a report commissioned from Summerhill Impact, an environmental firm in Toronto.

The Aug. 31 study also found no national or industry-

wide standards for the handling of mercury waste.

There was "significant variability between regulations across the provinces, and ... nearly all (mercury-handling) facilities ... rely on these regulations as their main environmental management guidelines, rather than industry standards."

The study, which surveyed some 28 of the 123 places that store or manage mercury waste, also found Canada lacks any facility to extract pure mercury from waste, relying instead on mercury distillers in the United States.

THE CANADIAN PRESS



Use of CFLs will skyrocket as a ban on incandescent bulbs takes effect next January. But CFLs contain mercury, and a new report says there aren't enough facilities in place to keep them out of landfills. ADRIAN WYLD/THE CANADIAN PRESS

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COUNCIL DOESN'T REPRESENT CITY'S DIVERSITY



URBAN COMPASS
Terence Harding
edmonton@metronews.ca

Our current mayor remains cagey about what his plans are for the next civic election. Even the recent pay increase the mayor and councillors received wasn't enough for

him to 'fess up.

While we are waiting for his worship to make up his mind, it's a good time to start thinking about what kind of city we want and need in the next 20 to 30 years.

In Edmonton, we often tout our multicultural nature. That's not surprising since we are in fact a multicultural city and we will become increasingly more so during the next few decades.

All you have to do is spend a few minutes watching people walk by in the downtown to realize how much the ethnic makeup of this city has changed.

We are seeing many more faces of different ethnicities than we ever have before.

Unless you go over to city hall and take a look at the faces of the councillors, that is.

Twelve of the 13 faces that belong to those who are supposed to represent us are white and are in no way indicative of the cultural diversity of our city.

way indicative of the cultural diversity of our city.

I am hoping that the next civic election gives newcomers to Canada and our city the opportunity to elect someone who actually understands first-hand the challenges immigration creates when it comes to engagement and inclusion.

Given the numbers of aboriginal people who also live in our city, it would also be nice to have someone who can speak for them and their needs and wants.

We missed our chance for that in the last election, but maybe we will get another one next time around.

Of equal concern to me is the age of our representatives.

Most of them bring to their roles ideas and experiences forged in a much different and vanished reality.

I don't think they either know or understand what it will take to make this city tick in the coming decades.

Given the almost complete lack of interest in civic politics of most of those under 30, I suspect they think the same thing.

If we are going to be the innovative and creative city we supposedly want to be, we are going to have to change that.

A good first step would be to encourage accomplished young people with street smarts and good ideas to consider running in the next civic election.

Alzheimer's disease

Brain pacemakers being tested

It has the makings of a science-fiction movie: Zap someone's brain with mild jolts of electricity to try to stave off the creeping memory loss of Alzheimer's disease.

And it's not easy. Holes are drilled into the patient's skull so tiny wires can be implanted into just the right spot.

A dramatic shift is beginning in the disappointing

struggle to find something to slow the damage of this epidemic: The first U.S. experiments with "brain pacemakers" for Alzheimer's are getting underway. Scientists are looking beyond drugs to implants in the hunt for much-needed new treatments.

The research is in its infancy. Only a few dozen people with early-stage Alzheimer's will be implanted in a handful of hospitals. No one knows if it might work or how long the effects might last. THE ASSOCIATED PRESS

Ice jump gets frosty reception



EFREM LUKATSKY/THE ASSOCIATED PRESS

Epiphany celebration

Baby, it's cold in the ice hole

A man jumps into an ice hole in the Dnipro River, as others wait for their turn, as part of the celebration of the Epiphany in the town of Vyshgorod outside the capital Kyiv, Ukraine, on Saturday.

Orthodox believers celebrate the holiday of the Epiphany on Jan. 19, and traditionally bathe in holes cut through thick ice on rivers and ponds to cleanse themselves with water deemed holy for the day.

THE ASSOCIATED PRESS

Orthodox Christians

There's method behind madness

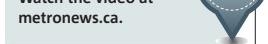
The traditions also continued at Moscow's Red Square, at Tzaritsyno village just outside St. Petersburg and in Minsk, Belarus.

The religious holiday Epiphany is celebrated by Orthodox Christians according to the Julian calendar on Jan. 19.

Epiphany Day celebrates the baptism of Jesus, which took place in the River Jordan, and is held in Russia, which uses the Julian calendar. Orthodox Christians in Lebanon, Egypt and Syria follow the same tradition based on the Julian calendar. Churches that follow the Gregorian calendar celebrate the feast on Jan. 6. METRO

Online

Watch the video at metronews.ca.



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Don't think #Katz is suddenly going to open up his wallet so bad #yegarena news is coming. #yegcc #yeg

@theeRoseMarieC:

Sorry Oilers, there's repeats of everything tonight!! #yeg

@eissyrC:

On such a roll this afternoon with the paintings! Loving this #yegweather that's making me creative! #yeg

@GameTimeArt:

Anyone else having issues with Sportsnet in #yeg? All I got for hockey is a black screen..

@theeRoseMarieC:

Is it just me or is it really, really cold outside? #yeg

@KevinsBoyer:

Well whistler. It's been interesting. Definitely see you later this year. Until then it's back to #yyc and then maybe even #yeg



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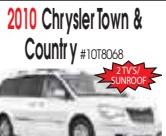
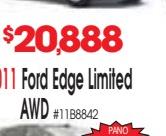
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Girl talk

Interview. Girls stars Allison Williams and Jemima Kirke dish on their characters' sartorial choices, their dorky style moments and finally dressing like adults

TINA CHADHA
Metro World News in New York

Allison Williams

On Marnie's style:

"She leans toward conservative stuff and she makes me look adventurous — although I'm really not. I wish clothes would just fit her better. Any mistakes in fitting are 100 per cent on purpose, though. It's supposed to look like you bought a thing off the rack and it fits the way it fits."

Her personal style: "I like colour a lot. I'm interested in different cuts. I love the way (peplum) looks, but I've also worn more princessy things. Day-to-day, I'm a jeans, boots and oversized sweater girl."



Jemima Kirke

Jessa's look is based on her own: "I think it's like a caricature of how I dress in real life or maybe even a way that I used to dress for a minute in my life. Or it



Lena Dunham, Jemima Kirke and Allison Williams enjoy a Girls night. GETTY IMAGES

to rein it in. I recently went into a fitting and there was a rack of clothes of my stuff and there was another rack of fluffy, big gowns and my stylist was like, 'No, Allison. No. You're not a debutante.'

A whole new kind of access: "I've had the pleasure of cultivating relationships with some designers so I can say, 'Listen, do you have something that I can wear to this thing tonight?' Acting is my first love, but the fact that I get to wear cool clothes and get to know myself better through what I wear in real life, that's such a pleasure."

Her dad, Brian Williams, is her unofficial stylist: "He has a really good eye. He's an esthete and he sees people in the things that he sees in stores. He looks at them and thinks, 'That looks like Allison.'"

might be the way Lena used to look at the way I dressed and how she pictured styling my outfit in her head the next day."

Her personal style: "Well, that's gone out the window since I've had children. I just put on clothes so that I'm not naked during the day. I used to change my outfit maybe once in the day. Now sometimes I have on the same outfit for two days."

Dressing like an adult: "As I start to feel more like an

adult, I start to shop at more brand names, which I never did. It was vintage or stuff I had forever or my mother's stuff. But now that I'm getting older, I can't get away with the T-shirt with the hole in it."

Where she shops: "Bird and Smith and Butler, in Brooklyn."

Jessa's bohemian wedding dress: "You know who made that dress? My mom. Don't get me wrong, she didn't sit there and sew

it. She has a shop called Geminola in the West Village. Half of it, she designs, and half of it is antique and vintage clothing."

What she's loving: "Chanel made these creeper shoes. They are like a spin on the punk creeper shoe. They're beautiful and awesome but I can't wear them. I'm just not style-conscious like that anymore. I just don't wear statement things. I don't wear loud things. I just wear what looks nice. I'm not wearing mom jeans, though."

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His lips say yes but his body says no

Lance Armstrong interview. Body language expert concludes disgraced cyclist not telling all the facts on doping

On Thursday night, body language expert Sara Canuso helped us decipher Lance Armstrong's mannerisms as we watched Oprah Winfrey press him on questions about the use of performance enhancing drugs during his career.

A twist of the mouth, a bite of the lip — indicators we learned could be signs of arrogance and guilt. Armstrong admitted he doped his way to all seven of his Tour de France titles, but showed very little emotion.

Here is Canuso's real-time observations on Armstrong's body language during the second part of the interview.

9 p.m.

Lance Armstrong takes his place once more in the hot seat. The world watched as the once-beloved icon fielded a barrage of tough ques-



Lance Armstrong confessed to using performance-enhancing drugs. HANDOUT/THE ASSOCIATED PRESS

tions from Oprah. According to our body language expert, Armstrong speaks volumes without ever having to open his mouth.

"Again, we see Armstrong continually looking down, trying to be careful of what he says," shares Canuso. An underlying anger also peaks through Armstrong's pursed lips.

9:15 p.m.

Canuso immediately picks up on Armstrong's crossed legs. The fact that he's holding onto his leg also suggests that he may be feeling par-

tially closed off to Oprah's questions.

"He answers each question absolutely while shaking his head no," she says.

According to Canuso, Armstrong's body language lends itself to the idea that he isn't being fully upfront.

"There are signs of holding back on the truth," she says. "In this case, it could be that he isn't telling all of the facts."

9:25 p.m.

The conversation turns to Armstrong's public persona. Oprah leads in with ques-

tions about the authenticity of his intentions. In other words, why is he doing this interview?

"Oprah is asking questions he does not want to answer, so you will see him take deeper breaths," says Canuso.

9:30 p.m.

As the focus shifts to Armstrong's ex-wife, children and therapy, he continues to rub his neck, a sign of feeling pressure.

9:40 p.m.

With Armstrong receiv-

Ratings

Interview ratings fall short for OWN

The program was seen by a total of 4.3 million U.S. viewers in Thursday's back-to-back airings, OWN said Friday. But it drew only 3.2 million viewers in its first airing, an audience that fell short of OWN's most-viewed telecast: an inter-

view Winfrey conducted with the Whitney Houston family last March following the singer's death the previous month. In Canada, the broadcast drew an average audience of 715,000 and was the highest-rated telecast in OWN Canada's history for all key demographics, according to a release from Corus Entertainment based on overnight data from BBM Canada TV Meter. METRO

ing criticism last night for not showing enough emotion, talking about his children tonight could be the opportunity to humanize him for viewers. Oprah asks about how his son has fared through all this, which elicits long pauses of introspection from Armstrong.

"His damp eyes indicate anxiety, fear or sadness," says Canuso. "Then he closes his eyes as if he wants to shut out the world."

9:55 p.m.

Armstrong recognizes the "ultimate betrayal" that was his deception of the people who cared about him the most. His words are heavy with remorse, possibly striking a chord with viewers. Even still, when Canuso looks at Armstrong she sees nothing but nerves. "He is continuously licking his lips and drinking water, both signs of anxiety."

10:00 p.m.

"The truth shall set you free." Oprah concludes the interview by quoting Armstrong's ex-wife. Canuso concludes it by labelling the interview as extremely guarded on Armstrong's side.

"He was constantly covering his mouth and shaking his head, big indicators of not telling all of the facts," she says. METRO

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Canada

Taking the politics out of the White House on 1600 Penn

New show. Those involved in this comedy stress there is nothing close to our reality in their political universe

NED
EHRBAR
Metro World News

The guys behind NBC's new White House sitcom 1600 Penn want to make one thing clear: This is not a political show.

"There are a lot of shows about politics. This is not that show," says executive producer Mike Royce.

Fellow executive producer Jason Winer insists this is more about work and family, regardless of the address.

"It's a serious place," Winer says of the White House, "but it's also a workplace."

Jon Lovett, also an executive producer as well as a former Obama speech writer, agrees, noting that while the series may mention real issues — like unmanned

drones — for humour, this isn't supposed to be about the real White House.

"We are not sitting around worried about political correctness in the writers' room," Lovett says.

While real-life guest stars from the media world — including the Today show's Savannah Guthrie, MSNBC's Chuck Todd and Larry King — will be popping up, don't expect any familiar political cameos a la Vice President Joe Biden on Parks and Recreation. Simply put, this isn't that show.

"Our show exists in an alternate political universe," says Winer. "Joe Biden appearing would be like a python eating its own tail."

Tuning in

"I didn't want to do TV, actually. I wanted to keep making as little money as possible in the theatre."

Josh Gad, on his first major television role

1600 Penn marks the first major TV role for Josh Gad since he drew rave reviews for his Tony-nominated performance in the Book of Mormon.

But while he's also an executive producer and a writer on 1600 Penn, he initially didn't want to play the role of screw-up First Son

Skip Gilchrist, a loud, brash ball of energy similar to his Book of Mormon character.

But as 1600 Penn developed, Gad said the writing was just too good to pass up and he couldn't stand the idea of anyone else playing the role.

"And also all of the other offers fell through," he jokes.



1600 Penn premiered Wednesday on Citytv. HANDOUT

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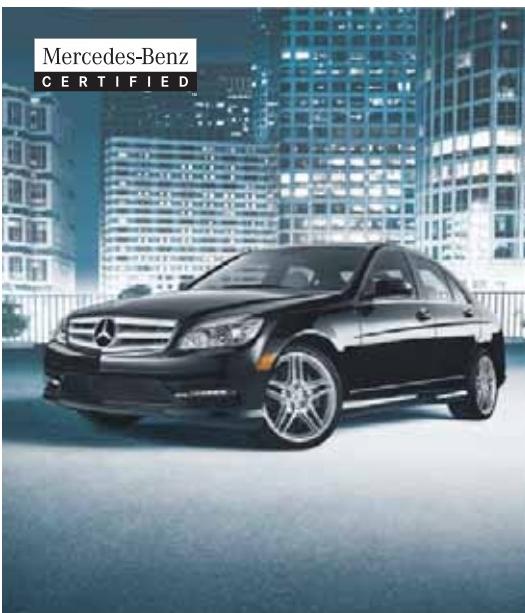
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Is Deception the new Revenge?

New series. If Donnie Brasco and the movie Sabrina had a baby, it would be this show, says its writer and producer

 **NED EHRBAR**
Metro World News in Hollywood

Murder, wealth, scandal, double-crossing and double identities. It's the stuff that's made *Revenge* a guilty-pleasure hit for ABC, so no one could blame NBC for wanting a piece of the action. But writer and executive producer Liz Heldens insists there was no directive to make a *Revenge* for NBC when she created *Deception*, the network's new murder-mystery nighttime soap.

"No one said that," Heldens says. The show's twisty tale — of Joanna, an undercover cop (Meagan Good), returning to the estate where she spent her childhood to investigate the murder of a wealthy socialite — gets its inspiration from a finer pedigree.

"I was sort of thinking about how could you do an undercover show with a female protagonist, and at the same time NBC was looking for a soap," Heldens explains.

"And so then I sort of thought could Donnie Brasco and the movie *Sabrina* have a baby? And so they did. So that was how it happened."

The material was juicy enough to attract Victor Garber back to television. The veteran stage actor, currently receiving raves on the big screen in *Argo*, is always up for playing characters with a secret, as he proved in his run on *Alias* for five seasons.

"You know, to me acting was always about revealing what's going on beneath, and there's always a subtext in every scene," Garber says. "There's always something else. You say something but you mean something else, and the great thing about *Deception* and why the title is so apt is that nothing is as it seems. When I read the script, I thought, 'I understand this because I lie all the time' — not really, not really, calm down."

I just loved the idea of being somebody who has so much going on, who has to compartmentalize, and we all know people like this. And for some reason it just comes naturally to me, and I've always thought that's what acting was. Because ultimately at the bottom there has to be truth, and usually people are doing something and thinking something else. That's just the way I live, frankly."



Meagan Good and Victor Garber star in *Deception*. HANDOUT

Briefs

Colbert's sis enters politics

No joke: Comedian Stephen Colbert's sister is running in earnest for a vacant South Carolina congressional seat. Campaign manager Bill Romjue said Friday that Elizabeth Colbert-Bush plans to file as a Democrat next week and make a formal announcement. She did not immediately return messages from The Associated Press. Colbert-Bush will file as a Democrat seeking the vacant 1st District seat. Colbert-Bush is a Charleston native like her brother and development director at the Clemson University Restoration Institute in nearby North Charleston. One other Democrat and at least 10 Republicans are seeking the seat along South Carolina's south coast. GOP candidates include former Gov. Mark Sanford who is returning to politics four years after an affair with an Argentine woman was exposed.

THE ASSOCIATED PRESS

Super Bowl lures 'key' performer

Alicia Keys is adding her voice to the Super Bowl show for the third time. The Grammy-winning R&B singer will perform the national anthem before the NFL championship game on Feb. 3 in New Orleans. The league said Friday that Keys' three performances at the Super Bowl will be the most in the event's history. She sang "America the Beautiful" before the 2005 game, and was part of the pregame show in 2008. Keys, who turns 32 next week, released her fifth studio album, *Girl on Fire*, late last year. The Super Bowl teams will be determined Sunday, when the San Francisco 49ers play the Atlanta Falcons in the NFC championship game, and the Baltimore Ravens face the New England Patriots in the AFC championship game. The NFL said in October that Beyoncé will be the star of the halftime show at this year's Super Bowl. She sang the national anthem at the 2004 NFL title game in her hometown of Houston. Others who have performed the national anthem at past Super Bowls include American Idol winner Kelly Clarkson last year, as well as Whitney Houston, Billy Joel, Diana Ross, Neil Diamond and Mariah Carey.

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Tim Kang's finally 'got it'

STEPHEN ERAMO
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Actor Tim Kang chuckles when asked about his first professional experience in front of the camera. "It was awful. I played a med tech on a daytime soap and ran into the scene pushing a stretcher. I had one line, something like, 'I've got it,' and, man, oh, man, was I nervous. I

had never been on a film set before and was about as green as you could be in the business. I made it through it, though, and can now look back on it fondly, and, in retrospect, laugh about it."

Fortunately, those initial jitters did not get the best of Kang. He went on to appear in a number of stage, feature film and TV roles, including his current series regular gig as Spe-

cial Agent Kimball Cho in the police procedural drama *The Mentalist*. Like many TV characters, this one went through some changes prior to the show going into production.

"In the pilot script, Bruno Heller (series creator/executive producer) had really fleshed out the characters to the point where you could sink your teeth into your role and go with it," explains Kang.



Tim Kang is Kimball Cho in *The Mentalist*. HANDOUT



Michael J. Fox. ALL PHOTOS GETTY IMAGES

Michael J. Fox patches things up with Swift

Michael J. Fox doesn't want Taylor Swift anywhere near his 23-year-old son, Sam, he told Vulture, responding to a joke by Tina Fey about the serial-dating Swift going after Sam during the Golden Globes last week. "I don't keep up with it all," Fox said. "But Taylor Swift writes songs about everybody she goes out with, right? What a way to build a career."

He admits he wouldn't be able to identify Swift if

she did end up at a family dinner on his son's arm, but that the inevitable break up song would tip him off.

"Sam, You Piece of Sh—. Oh, that was the girl you brought home," he jokes.

But Swift has apparently been able to patch things up with the Fox clan rather quickly. "Hey everybody, Michael J. Fox got in touch with me today and we are good. Thank you for having my back," she tweeted.



Britney Spears

Britney out of the loop on her break up

Reports that Britney Spears' split from ex-fiancé Jason Trawick was "mutual" have apparently been greatly exaggerated, as sources tell Us Weekly that the singer was completely blindsided by the news.

"He had been planning to break up with her for months," one source tells the magazine, while another adds, "Everyone knew Jason was leaving her but Britney. She's in la-la land."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



J.J. Abrams and Armstrong make the perfect pair?



THE WORD

Dorothy Robinson
[scene@metronews.ca](#)

Lance Armstrong and Hollywood have always been pretty tight.

He and the puppy-eyed Jake Gyllenhaal would go bike riding together; he's been buds (and Austin neighbours) with Matthew McConaughey for years, and the guy was even engaged to Sheryl Crow.

But now it looks like Hollywood — where liars and cheats usually thrive — is turning its tanned back on the disgraced cyclist.

After his bombshell interview with Oprah, stars took to Twitter to express their disdain.

Carson Daly tweeted, "He is a cheater and liar. I'm embarrassed that I was such a fan for so long."

Meanwhile, Seth Meyers joked, "Say what you will, he's still the Lance Armstrong of d-ckheads."

Perhaps Piers Morgan was just bitter that Oprah got the interview over him when he wrote, "The fact @lancearmstrong admits he had to look up what the word 'cheat' means, says all you need to know about the man. #LiveWrong."

But there's one person in L.A. that is hot to trot for Armstrong's story — J.J. Abrams.

The Star Trek director and Lost co-creator is reportedly set to produce a film about Armstrong's life, according to the Hollywood Reporter.

Abrams and Paramount Pictures recently acquired the rights to New York Times sportswriter Juliet Macur's book Cycle of Lies: The Fall of Lance Armstrong, which is set to be released in June.

Sony Pictures has been working on a much more complimentary Armstrong movie for years, with Jake Gyllenhaal reportedly attached to star at one point.

Those plans were scrapped after Armstrong was stripped of his Tour de France titles in August of 2012.

This is a perfect pairing. After all, Abrams and Armstrong are two figures famous for spinning wheels and disappointing endings.



Daniel Radcliffe

Radcliffe has relationship outed

Daniel Radcliffe is reportedly dating his Kill Your Darlings co-star Erin Darke, something the British actor was hoping to keep under wraps. But he wasn't doing that great of a job of that this weekend at the Sundance Film Festival, where Radcliffe was spotted getting

cosy and even sharing a kiss with Darke, according to People magazine.

One source close to the film identified Darke as Radcliffe's girlfriend, while another told the magazine, "They've been dating for a while but have been debating going public."

Twitter



@MalinAkerman

At a restaurant. Witnessed a crazy car chase. Parked cars got hit and nearly hit people on the sidewalk!! Thank god no one was hurt!



@KChenoweth

When does the gurgling, nasuea end.



@EmWatson

Rooney Mara seems so cool. #vogue



@SethMacFarlane

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Wed, January 23

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5 p.m., Rm 5-135

January 29

Business Management
South Campus, 7319 - 29 Ave.
5 p.m., Rm 227

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Winterfun

Make the most of snow days this year

Snow days and longer evenings don't have to mean hibernating in front of the television all winter. The colder months are a perfect time to spend quality time together as a family.

Try some of these activities to keep your kids active and

entertained:

Get your game on

Encourage kids to burn off energy by playing video games that promote exercise. Choose games that engage your whole body like Just Dance or Sports Champions for PlayStation. Or, if you have enough room, set up an indoor hopscotch court or play a traditional game of hide and seek.

Fun with forts

Going to the playground isn't

an option during the winter, but building a fort is definitely the next best thing. Help kids use blankets and couch cushions to build a castle, a cave or whatever they can imagine. As a bonus activity, have them draw pictures of how they imagine the fort, complete with creatures who would live there.

Blast boredom with books

Cuddling up with your kids to read books is a great way to

spend quality time together. Don't limit it to story books. Consider searching for words together in a word search book, or search for Waldo in a picture book. Or for something completely different, check out Wonderbook: Book of Spells for PlayStation. This book uses augmented reality to transport your family to a virtual classroom to learn spells from the world of Harry Potter. **NEWS CANADA**

Exclusively online

- Mommy finds it a little unsettling that you're already more tech savvy than her, although she does appreciate that you've helped her discover 90 per cent of her iPhone's functionality. Follow along with the comedic (mis)adventures of mommyhood online with Reasons Mommy Drinks at metronews.ca/voices



Parenting resolutions for 2013

Family. A few tips to keep in mind this year from the author of *The Mom Book*

DOROTHY ROBINSON

Metro World News in New York City

Motherhood is one of the hardest jobs around, and you can't even list it on your resumé. Here are some tips from Stacy DeBroff, author of *The Mom Book* and founder and CEO of Mom Central, Inc., a company devoted to providing pragmatic advice to strengthen and simplify the lives of busy families.

Make time to replenish your energy

Between post-holiday exhaustion, the winter blues and the normal frenetic pace of parenting, moms often find their energy depleted at the start of a new year.

Make 2013 the year you carve out time to take care of yourself, whether you kick-start your long-dormant book club, sign up for an exercise class or explore your inner creativity with a new artistic

endeavor like photography or ceramics.

Most importantly, resolve to keep these efforts up as the year progresses.

Help kids understand that electronics aren't a constitutional right

With kids spending hours each day online and texting at every opportunity, they live much of their lives in digital rec rooms.

This year, remember that even digital natives need limits, so set sound guidelines with them. Establish timing parameters on when they can and can't go online, keep computers only in public spaces like the kitchen or family room and make sure kids share social media passwords with mom and dad.

Stay true to yourself

While moms typically develop their own parenting beliefs and style over the years, it remains a challenge to stay true to these principles when you discover that other parents have a very different approach. Even if you learn — or your kids tell you — that other moms buy laptops for kids once they start fifth grade or let them stay home alone, stand firm and parent according to what you believe.



Stay true to your parenting principles, even if you discover other parents have a different approach, says Stacy DeBroff, author of *The Mom Book*.

ISTOCK IMAGES

For the dads

The Honourable Gregory W. Slayton, parent expert, former U.S. ambassador and author of *Be A Better Dad Today: Ten Tools Every Father Needs*, shares some tips about parenting:

Commit to dinner at least twice a week. It's not difficult and statistically it's proven to be very important. Even if you're a divorced or single dad, you need to make sure you sit down and really have dinner with your children. Don't look at your phone, don't read the paper. Talk. And do it twice a week.

Do something fun with your family at least once a week. In addition to dinner, be sure to do something else. Go to a park, go fishing, go to a museum or go on a bike ride. Doing fun things with your kids is important and contributes to their well-being and sense of self-esteem.

Learn more about fatherhood. Fatherhood is one of the least understood roles that we have as men today. There are thousands of books out there about being a better businessman and self-help books by the gazillion. But when it comes to fatherhood, there are very few books out there. That's why I wrote mine. I didn't have a father when I was growing up and didn't have any guidance. Commit to learning more about fatherhood and improving your growth as a parent.

Derks

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Cut the fat with garlicky, spicy Potato Wedge Fries



This recipe serves 6. MARK SHAPIRO/ROSE REISMAN'S COMPLETE LIGHT KITCHEN



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These are the best and healthiest french fries you'll ever eat — forget deep-fried fast-food fries that can contain more than 20 grams of fat for a small serving.

Experiment and use any seasonings you like. You can cut the potatoes early in the day, as long as you keep them in cold water so they won't brown.

One serving of these fries (four wedges) is only 156 calories with 5.3 grams of fat.

1. Preheat the oven to 375 F. Spray rimmed baking sheet with cooking oil.

2. Cut each potato lengthwise into 8 wedges. Place on the prepared baking sheet.

3. Combine the oil and garlic in a small bowl. Combine the cheese and chili powder in another small bowl.

Ingredients

- 3 large baking potatoes, scrubbed
- 2 tbsp olive oil
- 1 tsp minced fresh garlic
- 2 tbsp grated Parmesan cheese
- 1/4 tsp chili powder
- 3 tbsp chopped fresh parsley

Brush the potato wedges with half the oil mixture, then sprinkle with half the cheese mixture.

4. Bake for 20 minutes. Turn the wedges; brush with the remaining oil mixture and sprinkle with the remaining cheese mixture.

5. Bake for another 20 minutes, or just until potatoes are tender and crisp. Sprinkle parsley on top.

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Starbucks doesn't just have a wide range of delicious drinks. It also offers sweet treats, but some are better than others.

Starbucks Banana Loaf

430 calories, 17 g fat

Banana loaf sounds nutritious, but this is similar to a high-calorie and high-fat muffin. The oil, sugar and eggs are the guilty ingredients.



Equivalent

A slice of Starbucks banana loaf is equivalent to 19 Hershey kisses in calories.

Starbucks Marshmallow Dream Bar

210 calories, 4 g fat

This may not be nutritious, but in terms of calories and fat it's a much better choice.



Raclette is the new fondue — perfect for casual parties

Ingredients

- 2 lbs new or fingerling potatoes
- Kosher salt
- 1/2 cup rice or sherry vinegar
- 2 tbsp sugar
- 1 tsp kosher salt
- 1/2 tsp smoked paprika
- 1/2 tsp ground black pepper
- 2 tbsp chopped fresh thyme
- 1 cup frozen peeled pearl onions, thawed
- 3 red bell peppers, sliced
- 1 lb green beans, trimmed
- 12 oz button mushrooms
- 4 oz prosciutto
- 4 oz dry salami, sliced
- 1 lb cooked, peeled shrimp
- 1/2 cup marinated artichokes
- 1/2 cup gherkins or cornichons
- 2 lbs raclette cheese, sliced



This recipe serves 8. MATTHEW MEAD/THE ASSOCIATED PRESS

Raclette is the perfect party food. Like fondue, it's all about melting cheese. The biggest difference is that raclette (the name of both the cheese used and the overall dish) is grilled or broiled, rather than cooked in a pot.

Typically, raclette is melted in individual portions using a special raclette grill. The cheese is then scraped onto a person's plate over a serving of boiled potatoes, pickled onions and gherkins or cornichons.

1. Heat the oven to 200 F.

2. Fill a large pot with potatoes and enough salted water to cover them by 1 inch. Bring to a boil over medium-high heat and cook for 15 minutes or until tender. Drain, then return to the pot, cover and place in the oven to keep warm.

3. While the potatoes are cooking, start the vegetables. In a medium saucepan over medium-high heat, bring vinegar, sugar, salt, paprika and black pepper to a boil, stirring to dissolve sugar and salt. In a large bowl, combine

thyme, onions, red peppers, green beans and mushrooms. Pour the hot vinegar mixture over the vegetables, then set aside, stirring occasionally, for 20 minutes.

4. To serve, follow the product directions for heating and using your raclette grill. Arrange potatoes and accompaniments in bowls. Guests can heat their vegetables on the top of the grill and melt their cheese using the grill's broiler. Top potatoes with the vegetables and melted cheese.

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Current careers that could bring in the cash

Field of dreams? Keep a resumé ready for three industries that might just go boom

JULIA
WEST
life@metronews.ca

Some industries, such as health care, will always be booming. Other paths are not as obviously fruitful. "Predicting job growth is like predicting where tornadoes will form," says Rich Milgram, CEO of the job-posting website Beyond.com. "You can have all the charts and data in the world, but it's not an exact science."

Milgram says it's all about "looking for trends that can help inform how the job market will fare long-term." We got some help from industry insiders.

The industry: Real estate
"Even after five years of a challenging real estate mar-

Happiness in homes

"Even after five years of a challenging real estate market, employees of real estate companies are extremely happy with their jobs."

Doug Claffey
CEO of Workplace Dynamics on the real estate industry

ket, employees of real estate companies are extremely happy with their jobs," says Doug Claffey, CEO of Workplace Dynamics. "The entrepreneurial nature of the industry gives employees a great deal of control over their own destinies and success."

The industry: Retail
Talent acquisition company iCIMS pores over data to learn who's receiving the most applications and doing the most hiring.

"At the end of 2012, iCIMS evaluated the data and noted which industries

Watch that workforce

The industry: Biosciences

- While 2013 might not be a big year for biosciences and pharmaceuticals, it's an area worth watching.

- "We don't think there's much room for growth with the large pharmaceutical companies," says Chuck Pappalardo, managing director of Trilogy Search. "This sector is too important for us not to keep a close eye on it, but the coming year — and possibly even the next five years — won't be its finest hour."

were experiencing an increase in applicant submissions for open positions," says CEO Colin Day. "Retail, transportation and health care all received the largest number of open position applications, with retail ahead in the volume of submissions."

The In-Credibility Factor

Name: Graham Hawryluk
City: Headingley, Man.
Age: 25
Occupation: President and founder of Meticulous Wood Flooring Inc.



THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

For Graham Hawryluk, a summer job with a flooring company at age 15 grew from a challenge into a passion.

Not even a 50-pound steel bar and bleeding, blistered hands would stop him. Starting his own company right out of high school, he thought he could keep it running while he was going to university, but when his business began to take off, he decided to postpone his degree and concentrate on his company.

Five years later, Graham has eight employees and has carved out a niche market, catering to customers who want high-end flooring.

His company is also eco-friendly — running energy efficient trucks and using water based low VOC coatings for their floors.



Graham Hawryluk PROVIDED

when ...

I knew I was on my way when a Winnipeg newspaper did a huge section that was dedicated to entrepreneurs and their businesses weathering the storm during an economic recession. Receiving recognition was a big deal for me because sometimes you feel like you're spinning your wheels where you're just getting by and making ends meet.

The article made me

realize that I wasn't just surviving, I was thriving. I have eight employees and business is great.

My future plans call for slow and steady growth, making sure everything is manageable and to maintain the quality that we are associated with.

Action Plan:

Have an accountant and a lawyer on speed dial

There are a lot of questions when running a business and when you have professionals at your disposal it makes life a lot easier. It's also important to surround yourself with good, honest, like-minded people and forge as many genuine relationships as possible

Grow your business slowly

As a young entrepreneur, I had stars in my eyes about fame and fortune. Grow slowly and never bite off more than you can chew.

Be real, be realistic

Be prepared that your business will be your life. Someone who has a nine-to-five job can turn it off and go home, but as a business owner there is no off-switch so you should genuinely enjoy what you do.

I knew I was on my way

Master soft skills in the modern market

It doesn't have to be so hard. Embracing your aptitude for writing, speaking and listening is as important as honing your craft

YLVIA VAN BUUREN
careerbear.com

OK, you know there are certain tangible skills — called hard skills — you need to do any job.

But there's also a huge need today for soft skills, says Sandra Boyd, principal of career solutions with Knightsbridge, a human capital solutions firm. She says everyone needs to engage effectively with customers, clients or colleagues across an organization.

Soft skills refer to the personal qualities, habits, attitudes and even manners that you bring to the workplace. Companies value soft skills and often see them as just as important to job performance as hard skills.

Oral and written



Quit barking over your work buddies and take a moment to lend them your ear. iSTOCK

communication

Whether your job requires you to write short memos or lengthy reports, it's important to explain your ideas and projects clearly. And your spelling and grammar must be impeccable! Presentation skills — formal and informal — are also criti-

cal. At the same time, you need good oral communication skills too. "You need to be able to communicate across the organization and present information," says Boyd.

Listen up

Good listening skills make

you more productive and help you get along with others. Listening also shows depth of understanding, friendliness and respect for feelings — and that's important too. How do you learn to listen? Stop talking and/or taking over discussions.

Networker extraordinaire

Networking is key in today's workplace — within the company you work for as well as outside. Networking is about building mutually beneficial relationships and talking to people about topics that are of interest to both of you.

"One of the things we do regularly with people either going through a career transition or being coached is help them develop those interpersonal skills," says Boyd. The network you build will help you throughout your working career.

Team player

Lone wolves need not apply. That's a standard approach these days in hiring circles. And it doesn't take research to show how important it is for employees to work cooperatively with others and to contribute to the group with ideas and effort.

Stay current

Nothing dates a person faster than a flip-phone or no cellphone at all. Keeping up-to-date with technology is important, whether it's using a smartphone or knowing how to use Out-

look Calendar.

At the same time, employers increasingly use social media such as LinkedIn to gather information about potential employees — and they may not take you seriously if you aren't there, says Boyd.

The great web of work

- Career Bear is Canada's premier source for people who want a new career but aren't sure where to start.

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4 SPORTS

20

SPORTS

metronews.ca
Monday, January 21, 2013

Edmonton Oiler Ales Hemsky, left, scores against Vancouver Canucks goalie Roberto Luongo in the shootout on Sunday in Vancouver.
DARRYL DYCK/THE CANADIAN PRESS

Oilers open season with shootout win

NHL. Edmonton hands Vancouver its second straight loss

Ales Hemsky tied the game in the third period and added the shootout winner Sunday as the Edmonton Oilers defeated the Vancouver Canucks 3-2.

Sam Gagner also scored in the shootout for the Oilers, who were making their debut in the lockout-shortened season, while Devan Dubnyk stopped both Vancouver attempts.

Oilers' debut

3	2
Oilers	Canucks

The Canucks blew a 2-0 lead and have now suffered back-to-back losses after losing 7-3 to Anaheim at home on Saturday night.

Jordan Eberle had the other goal in regulation for Edmonton, while Alex Edler and Zack Kassian scored for

Vancouver.

Roberto Luongo, who was expected to be traded after being displaced as Vancouver's starter by Cory Schneider in last spring's playoffs, made his second straight appearance in the young season and finished with 30 saves.

Dubnyk finished with 27 to get the win.

Luongo mopped up for Schneider in Saturday's embarrassing loss to Anaheim. Canucks coach Alain Vigneault chose to start Luongo against Edmonton in the second of back-to-back games rather than give Schneider a chance to redeem himself

and restore some confidence.

"I had (the starting assignment) figured out a couple of days ago, and nothing that happened (Saturday) night changed my mind," Vigneault told reporters after the team's morning skate on Sunday.

The Oilers had 12 players in the AHL or in Europe during the lockout, while only four Canucks played overseas during the labour dispute.

Vancouver had trouble dealing with Edmonton's speed in the early going, but Edler opened the scoring at 10:58 of the first period, blasting a slapshot by Dubnyk.

THE CANADIAN PRESS

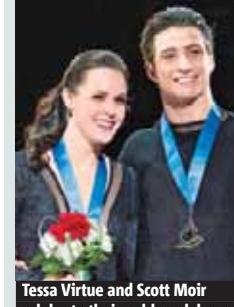
Figure skating

Crowd loves pair's sultry ice dance

Tessa Virtue and Scott Moir captured their fifth national ice dance title at the Canadian figure skating championships on Sunday.

The two-time world champions and Olympic gold medallists scored 187.23 overall, and their dramatic and sultry "Carmen" free dance brought the capacity crowd of nearly 4,500 fans at the Hershey Centre to its feet.

THE CANADIAN PRESS



Tessa Virtue and Scott Moir celebrate their gold medals on Sunday. THE CANADIAN PRESS

Tennis

Former No. 1 Wozniacki ousted

Two-time major winner Svetlana Kuznetsova has defeated former No. 1 Caroline Wozniacki 6-2, 2-6, 7-5 to advance to the quarterfinals of the Australian Open.

Kuznetsova, winner of the 2004 U.S. Open and 2009 French Open, broke her Danish opponent in the 11th game of the third set and finished the match with a backhand winner down the line.

Wozniacki lost her No. 1 ranking to Victoria Azarenka last year after falling in the quarterfinals at Melbourne Park to Kim Clijsters. THE ASSOCIATED PRESS

Penguins' barrage benches Lundqvist



Pittsburgh Penguins forward James Neal shoots on New York Rangers goalie Martin Biron on Sunday in New York. SETH WENIG/THE ASSOCIATED PRESS

James Neal scored twice, Evgeni Malkin assisted on three Pittsburgh goals, and the Penguins chased reigning Vezina Trophy winner Henrik Lundqvist from the net in the second period of a 6-3 victory over the Rangers in New York's home opener on Sunday night.

Neal, Tyler Kennedy and Matt Niskanen all scored in the first period, and Malkin set up Pascal Dupuis in the second to push Pittsburgh's lead to 4-1 and drive Lundqvist to the bench. The Penguins, building off a 3-1 win at Philadelphia on Saturday, are 2-0 in the lockout-shortened season and haven't even played a home game.

Sunday's game

6	3
Penguins	Rangers

Veteran backup Tomas Vokoun started for Pittsburgh over Marc-Andre Fleury and was solid in making 31 saves.

On the flip side, the Rangers — who won the Atlantic Division last season and had the top seed in the Eastern Conference playoffs — are 0-2 despite

the addition of star forward Rick Nash, who netted his first goal with New York.

Fans decked out in free blue T-shirts handed out to welcome them back after the lockout had little else to celebrate.

The only consolation for them in this one was Lundqvist got half a game to rest after stopping just 14 of 18 shots.

The energy generated inside Madison Square Garden just two seconds into the game when Aaron Asham — in his first shift with the Rangers — dropped his gloves with Turner Glass right after the opening faceoff was gone nearly as quickly.

THE ASSOCIATED PRESS

Super Bowl match to be a family affair

Conference championships.

Brothers John and Jim Harbaugh — coaches of Ravens and 49ers — head to New Orleans

Oh, brother!

John Harbaugh and his Baltimore Ravens set up a family reunion at the Super Bowl, shutting down the New England Patriots 28-13 Sunday in the AFC championship game.

The Ravens reached their first Super Bowl in 12 years, thanks to three touchdown passes from Joe Flacco and a defence led by Ray Lewis that made Tom Brady look downright ordinary.

Next up for Harbaugh and the Ravens is younger brother Jim and the San Francisco 49ers, who beat Atlanta 28-24 earlier in the day for the NFC title.

"I don't know if we had a

dream this big," John Harbaugh said. "We had a few dreams, we had a few fights, we had a few arguments — just like all brothers."

They'll meet in two weeks in New Orleans — what a place for a party to celebrate the first brother-vs.-brother coaching matchup in Super Bowl history.

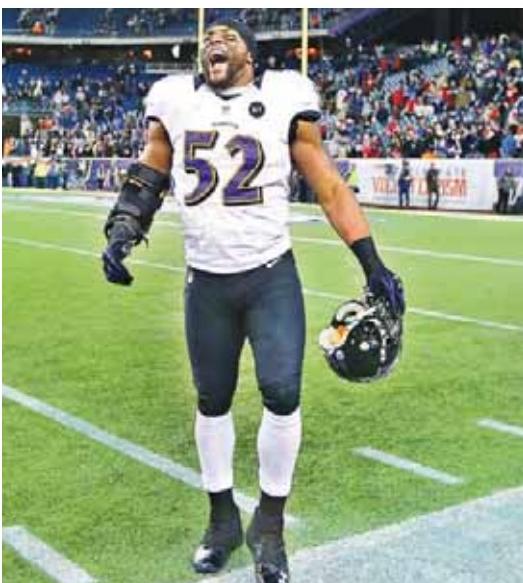
It also will be quite a last game for Lewis, the emotional linebacker who will retire after the matchup with the 49ers, who opened as a five-point favourite.

"This is our time. This is our time," said Lewis, who made 14 tackles Sunday and has 44 in three post-season games after missing 10 weeks with a torn right triceps.

Driven by Lewis's pending departure from the NFL, Baltimore's defence stepped up in the playoffs. Brady was 67-0 at home when leading at half-time, but this was no contest in the second half.

"We've lost before. It takes a while to get over," Brady said.

THE ASSOCIATED PRESS



Ray Lewis of the Baltimore Ravens celebrates after defeating the New England Patriots in Sunday's game in Foxborough, Mass. AL BELLO/GETTY IMAGES

NBA

Calderon steals show from Lakers

After letting two games slip away in overtime, Jose Calderon and the Toronto Raptors closed one out Sunday.

Calderon had 22 points and nine assists to lead Toronto to a 108-103 home win over the Los Angeles Lakers. The victory snapped a four-game losing streak for the Raptors, the last two defeats coming in overtime against Chicago and Philadelphia, respectively.

"It was good," Calderon said. "We led a couple of games with big leads and it was just us."

"It's just some mental mistakes and things we do, but we have to keep competing. We can compete against everybody in this league, but we have to do it for 48 (minutes) and try to minimize those mental mistakes we have sometimes."

Toronto improved to 11-9 at home before an Air Canada Centre sellout of 19,800, the club's fourth this season. That wasn't surprising given it was Victoria's Steve Nash leading the Lakers but the Raptors spoiled the former NBA MVP's first visit to Ontario with his new team.

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NBA

EASTERN CONFERENCE

	W	L	Pct	GB
Miami	26	12	.684	—
New York	25	13	.658	1
Indiana	25	16	.610	2 1/2
Brooklyn	24	16	.600	3
Chicago	23	16	.590	3 1/2
Atlanta	22	18	.550	5
Milwaukee	21	18	.538	5 1/2
Boston	20	20	.500	7
Philadelphia	17	23	.425	10
Detroit	15	25	.375	12
Toronto	15	26	.366	12 1/2
Orlando	14	26	.350	13
Charlotte	10	30	.250	17
Cleveland	10	32	.238	18
Washington	8	30	.211	18

WESTERN CONFERENCE

	W	L	Pct	GB
Oklahoma City	32	9	.780	—
L.A. Clippers	32	9	.780	—
San Antonio	32	11	.744	1
Memphis	26	13	.667	5
Golden State	24	15	.615	7
Denver	25	18	.581	8
Utah	22	19	.537	10
Portland	20	20	.500	11 1/2
Houston	21	21	.500	11 1/2
Minnesota	17	20	.459	13
Dallas	18	24	.429	14 1/2
L.A. Lakers	17	23	.425	14 1/2
Sacramento	16	25	.390	16
New Orleans	13	27	.325	18 1/2
Phoenix	13	28	.317	19

Sunday's results

Toronto 108 L.A. Lakers 103
Dallas 111 Orlando 105
Detroit 103 Boston 88
Denver 121 Oklahoma City 118 OT

Saturday's results

Sacramento 97 Charlotte 93
San Antonio 98 Atlanta 93
Memphis 85 Chicago 82 OT
Minnesota 92 Houston 79
Golden State 116 New Orleans 112
Utah 109 Cleveland 98

Milwaukee 110 Portland 104

L.A. Clippers 94 Washington 87

Monday's games — All Times Eastern

Indiana at Memphis, 1 p.m.

Sacramento at New Orleans, 1 p.m.

Houston at Charlotte, 2 p.m.

Minnesota at Atlanta, 2 p.m.

Brooklyn at New York, 3:30 p.m.

L.A. Clippers at Golden State, 4 p.m.

San Antonio at Philadelphia, 7 p.m.

L.A. Lakers at Chicago, 9:30 p.m.

Washington at Portland, 10 p.m.

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SPORTS

21

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Horoscopes

Aries**March 21 - April 20**

Something you desire will be offered to you either today or tomorrow but for some strange reason you will be reluctant to take it. Maybe deep down you don't think you have earned it. What can you do to change that?

Taurus**April 21 - May 20**

Your confidence will receive a boost today but don't go to extremes and start believing that you can do no wrong. On the work front, especially, you still need to be cautious. Don't give your rivals an opportunity to pounce.

Gemini**May 22 - June 21**

There may be no such thing as the perfect day but with the Sun now moving through your fellow Air sign of Aquarius this one will come close. Good things will come to you if you let them. Believe you deserve it.

Cancer**June 22 - July 21**

Your no-nonsense approach will cut through other people's doubts and lay bare the facts of a situation that has been causing mayhem. Once you know what is wrong you can start looking for ways to put it right.

Leo**July 24 - Aug. 23**

There is something that you really want, something that you have desired for as long as you can remember—and that something is now yours for the asking. Looking back you will wonder why it took so long.

Virgo**Aug. 24 - Sept. 23**

It may seem as if the world is out to get you but it isn't true. Neptune in Pisces makes certain issues seem more important than they actually are. The only things that really matter are the things that make you smile.

Libra**Sept. 24 - Oct. 23**

You will be at your best over the next 24 hours but take care you don't come across as too domineering as that could cause unnecessary friction. Libra is the sign of relationships, so stay on good terms with everyone.

Scorpio**Oct. 24 - Nov. 22**

Some of your current insights may owe more to wishful thinking than to genuine intuition but is that such a bad thing? No matter how way-out your vision may be if you can imagine it you can also create it.

Sagittarius**Nov. 23 - Dec. 21**

You may have to give up a certain amount of independence this coming week. You may have to let friends and family guide you in the right direction. Is that so hard? If it's the right direction you should be grateful.

Capricorn**Dec. 22 - Jan. 20**

Something will come so easy to you today that you might think there is some sort of catch. And chances are you are right — there is. Neptune's influence means you cannot take anything for granted.

Aquarius**Jan. 21 - Feb. 19**

The Sun is now moving through your birth sign, which is great, but it does not mean you have to do everything in a rush. Spend some time today identifying your desires and drawing up your plans.

Pisces**Feb. 20 - March 20**

You are in one of your secretive moods at the moment and anyone who tries to find out what you are up to will be told to mind their own business. Quite right. The less others know the better it will be for you. SALLY BROMPTON

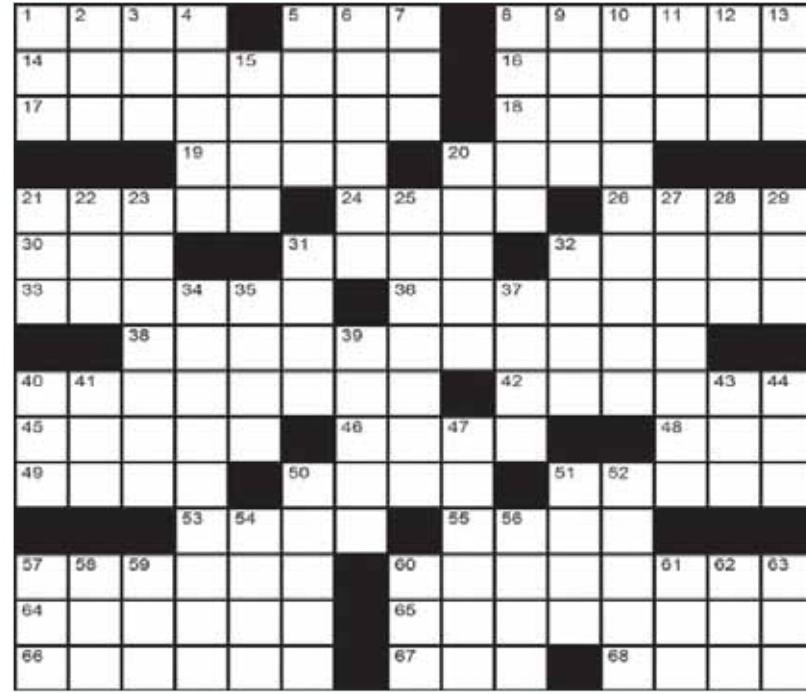
Crossword: Canada Across and Down

Across

- Mr. Holland's ___ (1995)
- Son of Atticus in To Kill a Mockingbird
- CBC series, "___ Air"
- Ontario folk festival since 1961
- Followed a recipe
- Robert Redford's film festival
- Kitchen outfits
- Maria Presley
- It means 'the same' in Latin
- Dermatology tool
- Throw the football
- Loonies
- ___ mode
- Mr. Lugosi
- "Time in a Bottle" by Jim ___
- Switch sort
- Newfoundland and ___
- Barenaked Ladies tune: 4 wds.
- National Park, BC
- Real
- Rock drill
- Jackie Wilson's "___ Petite"
- 'Start With Trust' is this org.'s slogan
- Glide
- Un-evens
- Clint Eastwood's "Rawhide" role, Rowdy ___
- Unruly crowds
- Zen riddle
- Puccini opera, ___ Butterfly
- Canadian puppets, Casey and

Down

- Sister of Moses
- Distinction
- Curved stone bench in ancient times
- Decay
- Type of tape
- Mantric syllables
- "Heart and Soul" by T'___
- Vase
- Sashay
- Stewart and Lovitz
- "The Great ___" (1963)
- Ms. West

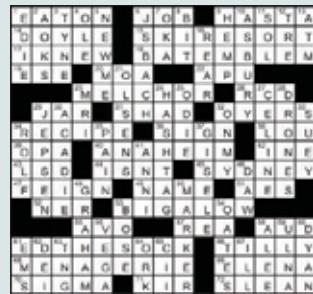


- Mil. schools
- Climber's need
- RCAF search & rescue helicopter, CH-149 ___
- Boxing stat.
- "Canada AM" co-host, Marci ___
- L'il music keepers
- Match
- Singer/actor Chris
- Chap
- Will Smith movie
- Bon Jovi guitarist Richie
- Mixed, as metals
- "Don't Speak" group: 2 wds.
- Green

- Sun. message
- Welsh opera singer Mr. Terfel
- Dundee's fave reptile
- Lovely Rita's gig: 2 wds.
- 911-calling reason, for short
- "The Love ___"
- NFL units
- PC information units
- Tic-Tac-Toe win
- Pres. Lincoln
- Weight loss losses, commonly
- Edmonton football player
- President Barack ___
- Canadian writer Mr. Martel
- __-to-know basis

- Mr. Sharif
- "Don't bet ___!"
- Montreal Mrs.
- ___-en-Provence, France
- Music Dr.
- Iron: French
- Wildebeest
- Leafs arena, commonly
- Goaltender's defence area
- 1987 to 1994 'Star Trek' series, to fans
- Mork's planet
- Nero's 102
- __-advised

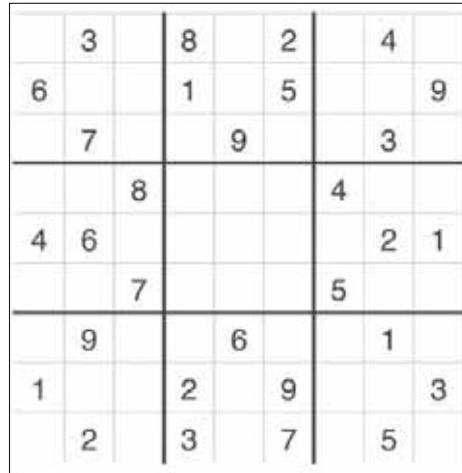
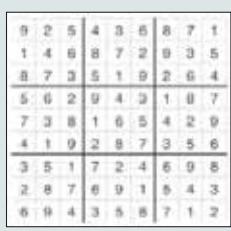
Friday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



Weather

TODAY

TUESDAY

WEDNESDAY

MAX: -13°
MIN: -20°MAX: -13°
MIN: -17°MAX: -14°
MIN: -16°
MICHELE MCDOUGALL
WEATHER SPECIALIST

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HOURS
Monday - Thursday 9-9
Friday & Saturday 9-6

9-9

9-6

9-9

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